

**INSTITUTE FOR BEHAVIORAL AND MANAGEMENT SCIENCES**

II M.S. Examination – May, 2010  
Paper III – Psychological Therapies

Time: 3 hrs

Max.Marks: 100

Answer any FIVE questions  
All questions carry equal marks

1. What distinguishes psychoanalysis as a psychotherapeutic therapy from other therapies?
2. Explain the objectives of supportive and reconstructive therapies.
3. Differentiate between individual therapy and group therapy. What are the advantages and limitations of group therapy?
4. Explain in detail the basic concepts of client-centered therapy.
5. What is family therapy? How family therapy can be used in strengthening family relationships?
6. Define the term catharsis. What are the main approaches to facilitate catharsis?
7. Explain the goals, objectives and therapeutic procedures of Rational Emotive Therapy.
8. Write short notes on any TWO
  - a) Gestalt therapy
  - b) Transactional analysis
  - c) Reality therapy