

INSTITUTE FOR BEHAVIORAL AND MANAGEMENT SCIENCES

I M.S./PGDPC Examination – May, 2010

Paper II – Psychology of Adjustment

Time: 3 hrs

Max.Marks: 100

Answer any FIVE questions
All questions carry equal marks

1. Define Adjustment. What is its importance for human life?
2. What is understood by hierarchy of motives? Explain the model advanced by Maslow in this regard.
3. Define stress. Explain in detail the different types of Psychological Stress with examples.
4. What is meant by Conflict of motives? Describe the various methods of resolving Conflicts?
5. Describe the chief characteristics of Emotional behavior.
6. What is self-concept? Describe the important characteristics of self-concept
7. Explain in detail several conditions that are associated with interpersonal intimacy?
8. What is decision making? Explain in detail the significance of decision making in life choices.
9. Describe briefly the different stages of a dying person.
10. Write short notes on any THREE
 - a) Coping devices for minor stress
 - b) Facial Bodily expressions in emotions
 - c) Mutual self-disclosure
 - d) Steps in decision making