

**INSTITUTE FOR BEHAVIORAL AND MANAGEMENT SCIENCES**

II M.S Examination – May, 2010

Paper IV – Behavior Therapy

Time: 3 hrs

Max.Marks: 100

Answer any FIVE questions  
All questions carry equal marks

1. What is Behavior Therapy? Explain the effectiveness of various forms of Behavior Therapy.
2. Explain what is systematic desensitisation? In which type of mental disease its application is most effective and why?
3. How do you employ Token Economy to produce behavior change?
4. Explain and elucidate the systematic use of 'positive reinforcement' in shaping behavior disorders.
5. What is contingency management? How this procedure is best used in schools?
6. How are the 'extinction procedures' used in the treatment of abnormal behavior?
7. What is Aversion Therapy? How far this method is effective in treating alcoholics?
8. Write short notes on any TWO
  - a) Operant conditioning
  - b) Modelling Procedures
  - c) Non-assertive behavior