

INSTITUTE FOR BEHAVIORAL AND MANAGEMENT SCIENCES

II M.S. Examination – May, 2010

Paper I – Principles and Techniques of Psychotherapy

Time: 3 hrs

Max.Marks: 100

Answer any FIVE questions

All questions carry equal marks

1. Differentiate between Psychotherapy and Counselling. Mention some of the main objectives of Psychotherapy.
2. Briefly explain the therapeutic process in Psychotherapy.
3. Define therapeutic interview. Explain how the therapeutic interview is used as a powerful technique in the process of assessment.
4. Describe the qualities of an effective Psychotherapist.
5. Explain the therapeutic devices - catharsis and hypnosis.
6. Why it is important to have good “professional relationship” between client and therapist?
7. What are the ethical issues involved in the psychotherapeutic process?
8. Write short notes on any TWO
 - a) Group psychotherapy
 - b) Effectiveness of psychotherapy
 - c) Re-educative therapy