

INSTITUTE FOR BEHAVIORAL AND MANAGEMENT SCIENCES

PGDPC Examination – May, 2010

Paper VI – Assessment and Treatment of Abnormal Behavior

Time: 3 hrs

Max.Marks: 100

Answer any FIVE questions
All questions carry equal marks

1. What are the major methods used to assess behavior in clinical settings?
2. Critically examine 'observation' as a method of assessment in abnormal behavior.
3. Write the best features of Group Therapy.
4. Explain the key dimensions of Gestalt therapy.
5. How far combining different therapeutic approaches yield better results than using each approach by itself?
6. What is Transactional Analysis (T.A.)? How T.A. is used in Counselling?
7. What are the objectives of Family Therapy? Where this therapy can be best used?
8. What is Behavior Therapy? Examine the various steps involved in this therapy.
9. What is Aversion Therapy? Where it is mostly used?
10. Write short notes on any THREE
 - a) Interview Method
 - b) Basic assumptions of Behavior Therapy
 - c) Script Analysis
 - d) Client-Centered Therapy